



Kiwaniis®

GREEN RIVER KIWANIS

Green River Kiwanis meets Wednesday mornings at 7:30 a.m. It is currently meeting via Zoom and in person at Epworth UMC, 4455 Epworth Rd., Newburgh, IN

Greenriverkiwanis.org
www.twitter.com/grkiwanis
[GRK Foundation/Amazon Smile](#)

Please use the weekly Zoom link you receive via e-mail to access our meetings remotely. If you are not receiving this, contact Martha Seal.

November 30, 2022

Today's speaker was Courtney Lee Horning with SmokeFree Communities, a program funded by the Indiana Department of Health. Only 39 counties in the state of Indiana have such a program funded, so while Courtney serves only Vanderburgh County, she is available for consultation to other counties wishing to start a similar project. The vision is to free all of tobacco addiction and exposure to the commercialization of tobacco products. The mission is to eliminate both the diseases and economic burden caused by tobacco addiction. It's very hard to quit—nicotine is the most addictive of drugs. Some 11,000 Hoosiers die each year due to this disease, and 30 others suffer from some tobacco related illness. 23,000 Hoosier youth under the age of 18 begin smoking yearly. 17.3% of all Hoosiers smoke, and that figure is higher for Vanderburgh County—21.8%. About 20% of high school students smoke e-cigarettes. SmokeFree Communities focuses on prevention education, promotion of the tobacco quit line, outreach, and environmental change. Its first priority is to decrease the smoking rate of youth and young adults. This is done by promoting prevention at the middle and high school levels, teen advocacy groups (one called VOICE has groups at both Reitz and Memorial), and educating about the tobacco advertising that particularly targets youth. The second priority is to increase protection from secondhand smoke. This is done by focusing on tobacco free worksites, schools, and multi-unit housing. The third priority is decreasing adult smoking rates, to be accomplished through promoting the Quit

Now Indiana program: 1-800-QUIT-NOW and the Quit Now Indiana website (<https://www.quitnowindiana.com/>) Statistics say that 70% of smokers want to quit. Quit Now offers both free counseling and free cessation products.



GRK Officers /Staff

President	Martha Seal
President-Elect	Dan Robinson
Vice President	Sylvia DeVault
Treasurer	Kim Higgins
Secretary	Bob Bock
Newsletter Editor	Mona Meyer
Newsletter Publisher	Green River Kiwaniis

The Senior Project will happen again this year; this is a project where we get the names of needy seniors from SWIRCA and provide them boxes of food. **Steve Worthington** says the boxes will be available for delivery drivers to pick up either late in the afternoon (3-5) on December 16 or the morning (8-10) of December 17. The pick up location will be the same as the poinsettia location—Christ Church of Christ at 3601 Washington Ave. We will deliver 40 baskets.

The Santa breakfast will be December 10 at 8:45 a.m. at the CenterPoint Energy YMCA. Shopping and wrapping was done this morning for gifts for 36 kids, ages 5-10. Santa's schedule is iffy for an appearance, so **JoAnn Laugel** would be interested to hear if you have an "in" with the big guy!



Poinsettia sales are well underway. Delivery dates are the first 3 Fridays in December, plus December 22 for church deliveries. **Poinsettias** will be \$14 per plant this year. As a reminder, you can earn

points by selling poinsettias, by helping with deliveries for others, and by unloading the plants on Dec. 1 and 8. ***If you want a poinsettia for the second delivery date, then you MUST turn in your order no later than Monday, December 5 by NOON. If you turn in your order by email, be sure you receive a confirmation that the order was received.***

Our annual Santa auction will be held December 14—bring lots of money, and be prepared to part with it!! It's for a good cause, the Santa Clothes Club.

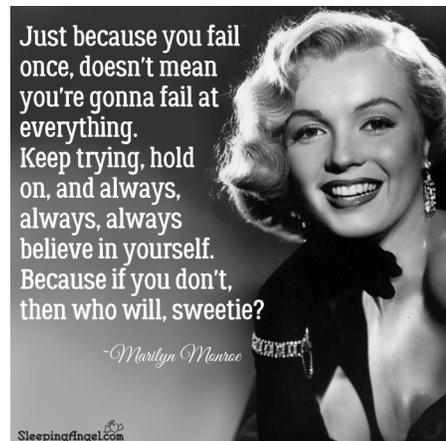
Salvation Army bell ringing: December 13-15. These will be evening shifts, with the exception of the 15th, which will begin at 10:00 a.m.

We will also help sell tickets at Ritzy's Fantasy of Lights, on the evenings of December 18 and 19. See **Gil Bockelman** if you can help.

We're going to focus in on membership, both in recruiting and retaining members. When you talk to someone about Kiwanis, remember to focus on the good times we have and all the good we do within our community. **The UE Aces basketball game on January 14 will be free of charge to all GRKiwanians and their guests. Key Clubs are also being invited. Game time is 3:00.**

December's GRK board meeting has been postponed until December 9—7:00 a.m. at Crossroads Christian Church.

Thoughts of the week, courtesy of **Terry Davis**:



Next week's speaker will be

Jamie Dill

with

Be Kind for Ollie

